**SELF REFLECTION ASSIGNMENT**

***Please complete all 4 sections below by following the written instructions and typing your answers into this word document.***

***Once you have answered each question below. You can upload this completed word document to Canvas to complete the assignment.***

1. **Identity and Purpose: Answer the questions below.**

* **What is your “WHY”? Why did you join the Year Up program? What motivates and inspires you to complete this program even when it will get tough?! (Your “why” is the things(s) that give you purpose and motivation)**

Answer: I have been passionate about the tech industry for a while, but I could get the opportunity to fulfill that, so I joined for years to complete my goal and have a sustainable career. The things that inspire me the most at the toughest time are the goal I have as a tech person and the help I provide for my family if I become successful.

* **What words or phrases would you use to describe yourself today?**

Answer: I would describe myself as motivated and excited to go on this journey. I also feel happy and confident that I made this decision.

* **What are some important components of your identity that you are most proud of?**

Answer: The traits that I see as strengths are punctuality or even early bird, receptivity, team player, and integrity.

* **Who do you envision yourself to become? Are there any characteristics or skills you would like to develop by the end of this year?**

Answer: I see myself in a better position having different new skills, with a lot of connections, and landing my dream job, and hope I will develop my communication, public speaking, and writing.

1. **Strengths: Use the online resource below to learn about a variety of strengths you may possess and answer the questions.**

**Online Resource:** [**https://www.strengthsquest.com/193541/themes-full-description.aspx (Links to an external site.)**](https://www.strengthsquest.com/193541/themes-full-description.aspx)

* **Please list the top 5 strength types that you believe you possess from the online resource.**

Answer: Focus, discipline, positivity, strategic, communication.

* **What is the biggest / best thing you learned from this experience? Are there any additional strengths you would like to add to the list?**

Answer: I found these lists good and developing. I would add flexibility and comfort as another strength about online resources.

1. **Growth Areas: Please answer the questions below.**

* **What 3 growth areas would you like to work on during your time at Year Up?**

Answer: I want to work on the qualities I want to improve, communication, enthusiasm and being skilled in different paths. So, I want to grow myself in these areas in my Year up journey.

1. **Goals: Please answer the questions below.**

* **Please list 3 long-term goals (or big vision ideas) that you have for yourself and want to accomplish in the next 5-10 years.**

Answer: The 3 long term goals I have for the next 5-10 years are one finding a stable, prosperous, and strong career which I have become determined and passionate about. Second helping my people back home in Ethiopia and starting my own family. Finally, traveling the world.

Name: Danait Gebremedhin